

# PFRIMMER DEEP MUSCLE THERAPY® Austin Community College - Schedule 2008

## FALL SESSION LEVEL 1:

P101 August 14, 15, 16, 2008

P102 September 11, 12, 13, 2008

P103 October 16, 17, 18, 2008

P104 November 13, 14, 15, 2008

## Times for ALL sessions are:

Thursdays: 5:30 pm to 9:30 pm

Fridays: 8 am to 5 pm

Saturdays: 9 am to 6 pm

If you have clients that need more help than you can offer with your current skills, Pfrimmer Deep Muscle Therapy® is a technique that will equip you. For more info on Pfrimmer Deep Muscle Therapy see [www.piforcmt.com](http://www.piforcmt.com) or [www.pfrimmer.com](http://www.pfrimmer.com). The Fall Level I Registration at Austin Community College (ACC) will begin on *August 14th, 2008*. Class size is limited and classes must be taken in sequence. Traveling from the other end of the State? Let us know...we may be able to help you find accommodations. Call Janine with questions!

Each 20-Hour Weekend course is only \$525.00 per session in Texas (plus ACC insurance fee). Texas needs massage therapists that are trained in medical massage!

**WHAT IS PFRIMMER DEEP MUSCLE THERAPY?** - Level 1 is an advanced intensive which will provide the foundation for understanding and correcting muscle/soft tissue aberrations through palpation, conceptual theory, and specific, detailed, corrective cross fiber strokes for the whole body. The course covers theory, technique, practice, pathology, history, professionalism, contraindications, small business practices and ethics. (See individual class descriptions below) Lecture, audiovisual aids, student notebook, charts and critical thinking discussions are utilized. Close individual guidance accompanies the 80-hour hands-on workshop. The certification program provides a full scope of learning to perform basic and advanced Pfrimmer corrective work. Completion of the course qualifies graduates for NCTMB continuing education credits. Austin Community College (ACC) will provide CE credit certificates following each 20-hour segment that satisfies the Texas Department of State Health Services CE requirements.

## **CLASS DESCRIPTIONS:** (ACC Class code = MSSG 2000)

**P101 Weekend** – Theory, History, Body Mechanics, Rationale of Pfrimmer Deep Muscle Therapy with Technique for Hands, Arms, Neck, Head and Face. **Prerequisite:** Must be a Licensed Massage Therapist, Physical Therapist, Occupational Therapist, R.N., M.D., or other medical professional.

**P102 Weekend** - Neuromuscular Considerations of PDMT Corrective Work; Pfrimmer Troubleshooting Keys; Review of Nervous System, Plexus and Anatomy; Pathology Review of 50 Common Conditions treated by PDMT; and Technique for Chest, Abdomen, Back and Back of Neck. (Prerequisite: P101)

**P103 Weekend**– How PDMT affects Body Systems; How to Address the handicapped Client; Protocol and Charting; Legal Considerations; and Technique for the Anterior Legs and Posterior Legs. (Prerequisite: P102)

**P104 Weekend** – Written and Practical Exams; Introduction to Pfrimmer Second Pass Work; Timing; the Clinical Process; Special Pfrimmer Applications; Professional Ethics & Small Business Practices; Graduation and Diploma. (Prerequisite: P103)

**REGISTRATION IS LIMITED – MAXIMUM OF 12 STUDENTS PER CLASS - SO CALL NOW!**

**ON-LINE REGISTRATION INFO:** <http://www.austincc.edu/support/admissions/registering.php>

**Registration Form:** <http://www.austincc.edu/ce/files/registration/regform.pdf>

### **For more information contact:**

**Janine Ray, LMT, MTI, PDMT Instructor**

**North Austin Massage Therapy**

**12741 Research Blvd. Suite #506**

**Austin, TX 78759**

**(512) 331-5922**

**Email: [janine@northaustinmassage.com](mailto:janine@northaustinmassage.com)**

### **For registration questions contact:**

**Alex Matthews, RMT, MTI BS**

**Health Professions Institute**

**Austin Community College**

**5930 Middle Fiskville Road**

**Austin Texas, 78752**

**Ph: 512-223-7583**

**Email: [amatthew@austincc.edu](mailto:amatthew@austincc.edu)**