

# PFRIMMER DEEP MUSCLE THERAPY®

## Classes 2009

If you have clients that need more help than you can offer with your current skills, Pfrimmer Deep Muscle Therapy® is a technique that will equip you. For more info on Pfrimmer Deep Muscle Therapy see [www.pfrimmerinstitute.com](http://www.pfrimmerinstitute.com). The Spring Level I Registration starts on January 5, 2009 at Austin Community College (ACC) and classes will begin on *February 19, 2009*. Class size is limited and classes must be taken in sequence. Traveling from the other end of the State? Let us know...we may be able to help you find accommodations. Call Janine with questions!

Each 20-Hour Weekend course is only \$525.00 per session in Texas (plus \$13.00 ACC insurance fee). Texas needs massage therapists that are trained in medical massage!

### CLASS DESCRIPTIONS: (ACC Class code = MSSG 2000)

**P101 Weekend** – Theory, History, Body Mechanics, Rationale of Pfrimmer Deep Muscle Therapy with Technique for Hands, Arms, Neck, Head and Face. Prerequisite: Must be a Licensed Massage Therapist, Physical Therapist, Occupational Therapist, R.N., M.D., or other medical professional.

**P102 Weekend** - Neuromuscular Considerations of PDMT Corrective Work; Pfrimmer Troubleshooting Keys; Review of Nervous System, Plexus and Anatomy; Pathology Review of 50 Common Conditions treated by PDMT; and Technique for Chest, Abdomen, Back and Back of Neck. (Prerequisite: P101)

**P103 Weekend**– How PDMT affects Body Systems; How to Address the handicapped Client; Protocol and Charting; Legal Considerations; and Technique for the Anterior Legs and Posterior Legs. (Prerequisite: P102)

**P104 Weekend** – Written and Practical Exams; Introduction to Pfrimmer Second Pass Work; Timing; the Clinical Process; Special Pfrimmer Applications; Professional Ethics & Small Business Practices; Graduation and Diploma. (Prerequisite: P103)

REGISTRATION IS LIMITED – MAXIMUM OF 12 STUDENTS PER CLASS - SO CALL NOW!

## PFRIMMER DEEP MUSCLE THERAPY®

### Austin Community College - Schedule 2009

#### SPRING SESSION LEVEL 1:

P101 February 19, 20 & 21, 2009  
P102 March 26, 27 & 28, 2009  
P103 April 30, May 2 & 3, 2009  
P104 May 28, 29 & 30, 2009

#### SUMMER SESSION LEVEL 2:

P201 June 11, 12, 13, 2009  
P202 July 23, 24 & 25, 2009

Times for ALL sessions are:  
Thursdays: 5:30 pm to 9:30 pm  
Fridays & Saturdays: 8 am to 5 pm

ON-LINE REGISTRATION INFO: <http://www.austincc.edu/support/admissions/registering.php>

Registration Form: <http://www.austincc.edu/ce/files/registration/regform.pdf>

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